



# WPCC Newsletter

## 6th July 2020



Dear all

We hope this newsletter finds you and your families well.

We have had several new members join us recently, so it would be a good time to say welcome to WPCC.

We are sorry we cannot offer you our normal programme of events, but please join us at a Zoom chat or if you have a young person aged 13.5– 19 years of age, they are welcome to join our youth group who are also Zooming at the moment!

The youth group Zoom sessions are going well and next time they Zoom they are going to do an online Catchphrase Quiz. No prizes sadly, but lots of fun anyway.

Links for the adult zoom chats and Yoga sessions are sent each week and the youth group one is sent to the families who book on to the session. All the sessions last for approximately 1 hour.

\*

Even though the weather had been lovely, and we were tempted to just sit in our gardens and enjoy it, we didn't ! We have been busy over the last two weeks working on Risk Assessments for when we can return to the office and for when we start up our events / youth group again. It is so important that we keep everyone as safe as possible! We have also been topping up on our First Aid training with an online course called AED, CPR, First Aid Combined . We have also completed a COVID-19: Psychological First Aid course.

\*

We haven't forgotten about the 100 Club, ( if you had already paid, your money is safe). We will start it up again when things start to get back to some sort of normality, we like to draw the winning numbers with some of our members present at our coffee mornings.

\*

Even during this uncertain time we have been lucky enough still to receive some funding. We would like to thank the following organisations for their support:

Worcester Community Foundation

Wooden Spoon

Sanctuary

Lasletts

Monday Night Group

We would also like to thank Robyn Rooney, our Volunteer Consultant, as she raised £50.00 through the Facebook Birthday donations for her Birthday.



Don't forget, if you have a birthday coming up let Aud know and she will add birthday wishes via the newsletter .

If you are already a member of WPCC, then don't forget you can go online at [www.parentcarers.org.uk](http://www.parentcarers.org.uk) to become an online member. Just click on the yellow Join Us balloon.

If you have received this newsletter from someone else and are not already a member, then please feel free to join us if you are a parent carer of a young person aged 0-25 who has a disability or additional need and you live, work or the child attends a school in Worcestershire.

Just follow the Yellow Balloon link on our website



Please don't forget we are still taking new members, so if you know of someone who may benefit from WPCC please pass this newsletter on to them. It is free to join WPCC.

Our website address is [www.parentcarers.org.uk](http://www.parentcarers.org.uk)

Core hours are: Monday to Friday 10 am— 12noon for phone calls or emails

Aud: 07955688031 or Sue 07955760488

[wpccaud@gmail.com](mailto:wpccaud@gmail.com) or [wpccsue@gmail.com](mailto:wpccsue@gmail.com)



## Links for help and support

We still have our top tips. Here are this week's:

If you are using a phone or tablet to open this newsletter just click on "HERE" and the link should open. If you are using a computer then if you put your cursor over the link, hold down Ctrl and left click with your mouse the link will open. If all else fails just copy the link in to your browser.

Lots of ideas for play [Here](#) <https://www.gosh.org/power-of-play-hub>

If you need any support then please contact the Here to Help team [Here](#) <http://www.worcestershire.gov.uk/Here2Help>

If you have so free time, there are some free adult learning courses [Here](#) <https://www.wea.org.uk/liveonlinelearning>

A very easy way to support WPCC is to shop online , it won't cost you an extra penny!  
You just need to register your account to Amazon Smile and choose WPCC as your chosen charity. Amazon will donate 0.5% to WPCC every time you spend at Amazon. 0.5% may not sound a lot but if we all signed up it would soon mount up.

You may have to type in Worcestershire Parent And Carers Community to find WPCC.

<https://smile.amazon.co.uk/ch/1122583-0>

I'm doing my bit to help WPCC, just ask my husband.



The next newsletter will be out on the 20th July, then we will go to a monthly newsletter for August and September, when hopefully we can send booking forms for events with the newsletters!

And finally another big



*thank you!*

to all of our members for being amazing people!

Stay safe

From

Aud , Sue, Robyn and the Trustees at WPCC