



WPCC Newsletter

22nd June 2020



We hope this newsletter finds you and your families well.

How times have changed within two weeks, we now have “bubbles”, masks are needed on public transport, and in hospitals, shops are open and schools are completely different to what they were before.

I am sure many of you are still home schooling. Well done if you are, or have done, it cannot have been easy. Most of us are parents, not teachers and those that are teachers would not normally teach their own children, so I am sure it has been quite a learning curve for all!

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We at WPCC have been working hard on keeping in touch with members, updating policies and procedures and of course working on Covid19 risk assessments for when we can start the events again.

At the moment we are still unsure when events will start up, we are waiting on updates from the government and we do work closely with Worcestershire Children First and follow their suggestions; as well, of course, as listening to you, our members, thoughts.

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Our youth group had their second Zoom session on Saturday 13th June, and again it was successful. It is so good for the young people to get together and chat about day to day things. This time they had a quiz, which the young people helped put together. The next date will be sent to parent carers shortly. If you have a young person aged between 13.5 and 19, then they could join the youth group. Please get in touch with Aud if you would like more information.

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As most of you will know, Clare (one of our members) is compiling a book of our members' stories and experiences, especially for WPCC. It is coming along really well, but she needs a few more of your “experiences” to add to the book.

Clare said: "If you think you can't help because your stories are not positive... I promise, there is more to your stories than meets the eye. Give me a chance.

If you think you can't help because your life is blandI promise, you have more to offer than you realise. Give me a chance.

I will assume responsibility for the writing, if you are up for an interview? We can meet in a local space and talk face to face, or I can phone you at a convenient time for you."

Both Sue and I are talking to Clare to share our experiences, as you know Sue is a parent carer and I (Aud) was a foster carer, many moons ago!

Anyone that contributes to the book will get a free copy once the book is printed. All of our members will also get a free download copy and a paper copy will be available to them at a reduced price.

All we did was talk to Clare and she did the rest!

If you would like to share your experiences but still feel unsure, then give Sue or Aud a ring and they can explain in more detail. Or contact Clare directly on wpccclare@gmail.com



If you are already a member of WPCC, then don't forget you can go online at www.parentcarers.org.uk to become an online member. Just click on the yellow Join Us balloon.

If you have received this newsletter from someone else and are not already a member, then please feel free to join us if you are a parent carer of a young person aged 0-25 who has a disability or additional need and you live, work or the child attends a school in Worcestershire.

Just follow the Yellow Balloon link on our website



Please don't forget we are still taking new members, so if you know of someone who may benefit from WPCC please pass this newsletter on to them. It is free to join WPCC.

Our website address is www.parentcarers.org.uk

Core hours are: Monday to Friday 10 am—12noon for phone calls or emails

Aud: 07955688031 or Sue 07955760488

wpccaud@gmail.com or
wpccsue@gmail.com



Links for help and support

We still have our top tips, here are this week`s:

If you are using a phone or tablet to open this newsletter just click on “[HERE](#)” and the link should open. If you are using a computer then if you put your cursor over the link, hold down Ctrl and left click with your mouse the link will open. If all else fails just copy the link in to your browser.

One of our trustees has recommended Border in a Box, a local Worcestershire company with a range of products to get you and your family out and enjoying your outdoor space. Perhaps you have a border in your garden that you would like to smarten up, just need some downtime to plant a few seeds, or want to start a mini nature project with your children? There is a super little pack for children at just £11.99, plus lots more for adults and some great gift ideas too. There should be something for everyone.

[Here](#) <https://borderinabox.com>

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Worcestershire County Council are offering some free courses at the moment, they are:

5 days of Family Fun online

Book and Cook Family Activity Week Online

Build a Digital CV (Online)

Build a Website for Business

Digital Job search (Online)

Excel - let's get started!

Get online savvy for work

High School Family Crafts Online

Keeping Safe Against Cyber Crime

[Here](#) https://capublic.worcestershire.gov.uk/coursebookingpublic/CoursesSearch.aspx?fbclid=IwAR13uKL6QHbH6D0zsiSCSct_uK7PCGyreMw1QaoKaNpUEwoHH-zYFhiCSH4

Take a look and see if there is anything you or the family might like to do!

The Here to Help team [Here](#) <http://www.worcestershire.gov.uk/Here2Help>

And finally another big



to all of our members for being amazing people!

Stay safe

From

Aud , Sue, Robyn and the Trustees at WPCC