



WPCC Newsletter

8th June 2020



Dear members

We hope this newsletter finds you and your families well.

This week is Carers Week and we are celebrating all the amazing work you do as a carer.

We know you get very little thanks and that the hours are long: often 24 hours, 7 days a week, 52 weeks of the year. But at some point this week, please take a minute, give yourself a pat on the back and say well done.

Normally we hold our AGM the week after Carers Week and this gives WPCC the chance to say thank you to all of our carers. Those of you who attend know that we like to give a small gift to you, just to say that you are appreciated and well done for being the caring person you are. As we have had to postpone the AGM until later in the year, we can't give our little gifts, but we can raise a cup of coffee or tea in your honour.



You truly are wonderful caring people who do an amazing job every day. We are proud to have you as members of WPCC!

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June is when we would normally hold our Messing About on the River day, at Pershore, when we have a picnic and go Bell Boating and Stand Up Boarding - sadly due to the Covid19 situation, we have had to cancel this year's event.

But if you would still like to try boating then please get in touch with Kim and Alex at Bonkers Activities. They are doing, family sessions, [under strict government guidelines](#). Please note, this is just for the same family household.

Katakanoes are at a cost of £15pp, no time limit and have to be booked in advance, they can also do one to one lessons in SUP (Stand up Boarding) at a cost of £50 for the hour, once again this needs to be booked in advance. If anyone is interested please email Kim bonkersactivities@hotmail.com who will be able to give you more information.

Kim and Alex have worked with WPCC for many years now and love to see our families having fun on the water.

This is a great way to cool off and have some safe fun with trained leaders during this lovely weather.



If you are already a member of WPCC, then don't forget you can go online at www.parentcarers.org.uk to become an online member. Just click on the yellow Join Us balloon.

If you have received this newsletter from someone else and are not already a member, then please feel free to join us if you are a parent carer of a young person aged 0-25 who has a disability or additional need and you live, work or the child attends a school in Worcestershire.

Just follow the Yellow Balloon link on our website



Don't forget we are offering support through phone calls, Zoom chats, Facebook and of course the extra newsletters. Zoom links are emailed to our members each week and can be found on our closed members Facebook group too.

Please don't forget we are still taking new members, so if you know of someone who may benefit from WPCC please pass this newsletter on to them. It is free to join WPCC.

Our website address is www.parentcarers.org.uk

Core hours are: Monday to Friday 10 am— 12noon for phone calls or emails

Aud: 07955688031 or Sue 07955760488

wpccaud@gmail.com or

wpccsue@gmail.com

Below are the links for some support that is available to all:

If you are using a phone or tablet to open this newsletter just click on “[HERE](#)” and the link should open. If you are using a computer then if you put your cursor over the link, hold down Ctrl and left click with your mouse the link will open. If all else fails just copy the link in to your browser.

Some websites or ideas which may help:

For any support needs [Here](#) www.worcestershire.gov.uk/here2help

For Mental Health support [Here](#) www.hacw.nhs.uk

If you have found a website to be useful please let me know and we can share it in the newsletter to other members.

The next newsletter will be in two weeks time it will be emailed to you on Monday 22nd June.

If you have anything you would like to share in the newsletter, please get in touch with Aud, it could be an agency that has helped you during Covid19, and you think others may benefit from their support. Have you found a website that is helping with School work.? Please share your links with the rest of WPCC.

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Some schools will have been back a week now, I do hope that if your young person went back to school that they have enjoyed being back with their friends and teachers. I am sure they have found it to be a very strange experience.

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We held our first Zoom chat for our youth group last month, those that attended enjoyed the session and we have another session booked for 2pm on 13th June. This time they will be doing a quiz. The youth group parents will have received an email with an invite to the session for their young person. If your young person is in the right age group (13.5 - 19) and would be interested in joining our group for these sessions, please let Aud know on wpccaud@gmail.com

The Zoom sessions for the young people are free and at least two of our trained support staff will be in the chat to welcome anyone new.

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Thank you to those of you who responded to the poll on Facebook in regards to when you felt it would be safe for you and your family to return to events with WPCC. We are, of course, monitoring the situation at all times and as soon as the staff and Trustees feel it is safe for WPCC to start its activities again, we will send emails with booking forms. Let's hope those days are not to far in the future.

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As mentioned earlier in the newsletter, the AGM has been postponed until later in the year. We are hoping for September 2020, we will of course let all our members and outside agencies know when we have a firm date.

thank you

And finally another big

to everyone for being amazing people!



Stay safe

From

Aud , Sue, Robyn and the Trustees at WPCC

WOW!

Double celebration in this household!!!

Everyone at WPCG would like to wish a belated Happy Birthday to **Harriet** who was 20 on 7th June, and **Finley** who will be 17 on the 9th June.

We wish both of you a very Happy Birthday, from all at WPCG.

XXX



If you would like a birthday mention in the newsletter please get in touch.

As newsletters will be sent out fortnightly you do need to get your birthdays wishes in to Aud at least one month before the birthday date.